



## Camp Themes & Dates

July 9-13 Science Camp

July 16-20 Art Camp

July 23-27 Fitness Fun

August 13-17 Art Camp

August 20-24 Dr. Seuss

- *Weekly Field Trips*
- *Special Guests*
- *Art & Crafts*
- *Outside Play*
- *Wet & Wild Days*
- *Mini Show on last day*
- *And much much more!*

### *What a day MAY look like:*

#### **8:30am Early Drop-off**

9:00am Drop-off

9:00 Welcome/Gymnastics Circuits

10:15 Snack

10:30 Arts & Crafts

- Special Guest

11:00 Gymnastics Circuits

11:30 Games & Cool Down Activities

12:00 Lunch/Picnic

1:00 Afternoon Activity

\*Field Trip

\* Special Guest

\* Outdoor Play

\* Wet & Wild Days

2:30 Snack

2:45 Gymnastics Circuits/Outdoor Games

3:30 Games & Cool Down Activities

4:00 Pick up

**4:30 Late Pick Up**

## Schedule/Costs

Monday-Friday

5days: 9am-4pm

Mornings Only: 9am-12pm

Afternoon Only: 1pm-4pm

Full Week: \$210.00

Half Day: \$160.00

Full Days: \$42/day

Art Week: \$235

**\*AS OF JULY 1, 2018 ALL CAMPERS MUST PURCHASE THE AGF FEE(\$40.00)**

**\*VALID UNTIL JUNE 30, 2019**

### **Mini Sessions**

Participate in gymnastics classes throughout the summer break. We are offering a variety of classes in July and August – Kindergym and Cangym.

**Call 780-826-5634 for more information.**

### **Contact Information:**

To Register:

3904 50Ave Bonnyville AB, T9N 2H3

**Phone:** 780-826-5634

Checkout our Facebook Page

**E-mail:** [ashlingym@yahoo.ca](mailto:ashlingym@yahoo.ca)

[www.ashlingymnasticsclub.ca](http://www.ashlingymnasticsclub.ca)



Looking for a fun & exciting place to take the kids? Week long Summer

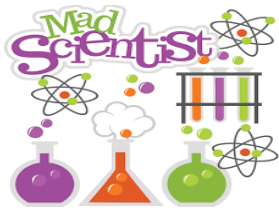
Camps run between 9am-4pm

(early drop-off 8:30am & Late Pick up 4:30pm)  
We offer camps for Boys & Girls ages

5 -14 and any level.

We have full day, half day camps or daily options.

**Now Accepting Registrations!!**



**Parents:**

- \* Coaches are not authorized to administer medications.
- \* Your child must be signed in and out daily.
- \* Inform staff if someone else will be picking up your child.
- \* Gym will be open at 8:30am for early drop off
- \* Pick up by 4:00pm; late pick up 4:30

**BE PREPARED!!**

- Come with a water bottle, healthy snacks, full day campers bring a lunch, please be mindful and pack **Peanut Free Snacks & Lunches.**
- ***WE ARE ACTIVE!!***
- Never a bad idea to bring a change of clothes, swim suit, towel, outdoor clothes(hat, sweater, sun screen, sunglasses) bring socks and runners(for outside play) Wear appropriate clothing(NO Jeans, skirts, dresses, belts, zippers, jewelry etc)
- We walk to all our Field Trips so make sure your child has good shoes.



**Junior Camp**

**Boys & Girls – Ages 3-5**

**August 7 – August 10**

**AM Session @ 9-12**

**PM Session @ 1-4**

**\$200 (includes AGF)**

**Ninja Warrior Week**

Calling all energy-filled boys and girls! Join us for Ninja training! Navigate your way through obstacles, learn ninja flips, kicks, tumbling and more! This fast paced camp will build your little ninja's confidence, focus, strength and agility!



These active camps are filled with quality gymnastics taught by certified coaches, games, crafts, open gym times, water fun, and many fun surprises. Each week includes 5 days of learning various skills on all the apparatus. Children will be split into groups according to age and ability



**Tumbling & Flexibility Clinics**

**Boys & Girls Ages 7-15**

**July 23-July 27**

**AM Session 9-12 Beginners**

**PM Session 1-4 Advanced**

**\$200(includes AGF)**

Have you always wanted to learn a backhand spring, flip or aerial? Do you already know how to do these skills but want to perfect them? Or maybe you have always wanted to learn? Our trained staff will use a variety of drills using the spring floor, tumble track, air floor and trampolines!!

***Participants in the PM session MUST be able to do basic handstand, bridge, backward and forward rolls.***